

# HOMEDICS®

Ultimate Compression  
Foot & Calf Massager



Instruction Manual and  
Warranty Information

**1** year limited warranty

FCC2000

**READ ALL INSTRUCTIONS BEFORE USE. SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.**

## **CAUTION:**

- Do not stand on, or exert excessive pressure on the massager. This may significantly slow down or stop the motor, potentially cause overheating and subsequent damage to the massager
- The total recommended usage time of the massager is 15 minutes
- Press the “stop” button to end the massager if discomfort is experienced. The 4 pairs of discs will not stop instantaneously; they will continue to complete the last kneading cycle. Before stopping at their “home” position
- Some users may experience an itch in their feet during and after the massage. This is the result of improved blood circulation and is normal.

## **USAGE ENVIRONMENT:**

- Do not use this massager in an excessively humid environment such as the bathroom
- Do not use the massager on a wet body, this may result in a short circuit or an electric shock

## **SUITABILITY OF USER:**

*BEFORE USING THE MASSAGER CONSULT WITH YOUR PHYSICIAN ESPECIALLY:*

- Those suffering from cancer
- Those suffering from osteoporosis
- Those suffering from malignant tumours
- Those who have a high fever
- Women who are pregnant or menstruating

## **SAFETY PRECAUTIONS DURING USE:**

- Do not use the massager for any purpose, other than massage, this may result in accident or injury
- Do not use the massager when the fabric cover is torn, or parts of it are missing
- Do not let children, or persons who are not capable to operate the massager
- Please keep the massager out of reach of children
- Do not stand or sit on the massager
- Do not insert metallic objects, or flammable materials into the main body. This may result in electrocution, short circuit and possible fire
- Do not use the massager within an hour of mealtime
- Do not cover the massager during operation. This may result in a rise in motor temperature and subsequent breakdown or fire
- Do not unplug or switch off the massager during operation. This may result in injury.
- Do not sleep while using the massager

## **WHEN THE MASSAGER SHOULD NOT BE USED:**

*IN THE FOLLOWING EVENTS, PLEASE SWITCH OFF THE POWER IMMEDIATELY AND DISCONNECT THE AC POWER CORD FROM THE ELECTRICAL OUTLET:*

- If water is accidentally spilled on the massager. This may result in electrical shock
- If severe abnormal pain is felt during massage, stop operation immediately and consult your doctor
- If you detect any malfunction or any other abnormal condition during operation
- If there is lightning

## **ASSEMBLY AND REPAIR THE MASSAGER:**

- The massager must only be serviced or repaired by the Service Centre. Users must not disassemble or repair the massager themselves
- Use only qualified service technicians

## **NOTES ABOUT POWER PLUG AND CORD:**

- Check that the voltage corresponds with the specification indicated for the massager
- Do not disconnect the AC plug from the electrical outlet roughly
- Do not connect or disconnect the AC plug from the electrical outlet with wet hands. It may result in electrical shock or machine trouble
- When disconnecting the AC plug, pull it out by holding the plug and not the cord
- Do not place the AC cord under the massager or any heavy object
- Do not wind the AC cord around the massager as it may damage the cord and result in fire electrical shock
- Do not operate the massager with a damaged cord or tamper with the cord
- Please use the adaptor and attachment we recommend
- Do not use the massager if the electrical outlet is excessively loose

## **PRODUCT CARE AND STORAGE:**

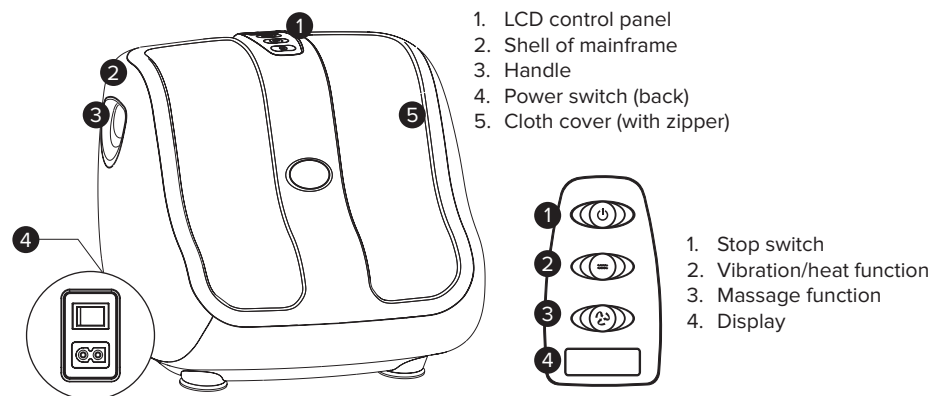
- Be sure to remove the AC plug from the electrical outlet before cleaning the massager
- Do not use abrasive solvents on your massager
- Use a dry cloth when cleaning the massager. Never use a damp cloth to clean the massager or the power switch
- When necessary, detach the fabric covers for cleaning and to maintain good hygiene
- When not in use for a long period of time, it is advisable that the AC power cord of the massager be coiled and the massager stored in a dust and moisture free environment
- Do not store the massager near intense heat or an open flame. Do not leave the massager under direct sunlight for a long period of time

## FEATURES:



1. An entirely new massager specifically designed to massage your feet, ankles and calves all the same time
2. 4 types of kneading discs in the one appliance to massage your feet, ankles and calves
3. Flexible kneading discs create a professional massage experience
4. Strong kneading action penetrates deeply into the muscles of your feet, ankles and calves
5. Pressure nodes located under your feet stimulate the reflex points on the soles of your feet
6. Personal-preference of 2 kneading massage programs and 2 vibration modes
7. The synergetic combination of kneading and vibration actions gives you a relaxing and revitalising massage experience
8. Strategically located buttons on the LCD control panel allow you to control the massage function easily
9. Auto shut-off feature activities after the massager has been in use for 15 minutes
10. A pair of detachable fabric covers (with zipper) to allow cleaning to maintain good hygiene

## EFFECTIVENESS:



1. The kneading and vibration actions go deep into the different layers of muscles in your feet, ankles, and calves leaving you rejuvenated and relaxed
2. The kneading and vibration massage targets vital reflex points on the feet and soles, achieving positive reflexology effects
3. Stimulates blood circulation, thereby warming the muscles
4. Relives tension and reduces stress
5. Relives sore and tired feet
6. No medical claims expressed or implied



## TO ACTIVATE THE KNEADING DISCS ONLY:

1. Place the lower section of your legs into the fabric-covered slots.
2. Press the  (kneading) button and the default mode will be "I" (rhythmic squeeze 1)
3. Press the button again, and the mode will switch to "II" (rhythmic squeeze 2)
4. Press the button again to stop the kneading process or press the  (stop) button on the switch panel anytime to terminate the kneading massage

## TO ACTIVATE THE VIBRATION MODE ONLY:

1. Place the lower section of your legs into the fabric-covered slots.
2. Press the  (vibration) button and the default mode will be "I" (low vibration)
3. Press the button again, and the mode will switch to "II" (heat function)
4. Press the button again to stop the vibration process or press the  (stop) button on the switch panel anytime to terminate the vibration massage

## FUNCTION TIME:

The period of any function is 15 minutes, time begins again when you change the function. It is possible to experience both kneading the vibration massages at the same time by pressing the kneading button followed by the vibration button or vice versa.



Insert the adaptor into the massager's back socket in the correct direction. After the plug is connected, the indicator light of adaptor will turn on.



Press the power switch on the back of the massager, the stand by light will turn on.



The height of the chair you sit on should allow your thighs to be at a 90 degree angle. Put feet into the massager slots.



To tilt the massager, open or close the bracket on the bottom of the massager.



Press massage function key. Choose suitable massage effect.



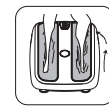
Press vibration key to choose the suitable vibration effect and press vibration key again activate the heat function.



Press OFF to stop all functions and return to ready state.



To stop, press the OFF button, and turn off the power switch. The cut the power and remove the adaptor.



If you lose power, lift up your knees immediately to release



If you lose power during use, turn your feet to the side and lift your knees out of the massager.

Distributed by

# HOMEDICS®

## One year limited warranty

**We** or us means HoMedics Australia Pty Ltd ACN 31 103 985 717 and our contact details are set out at the end of this warranty;

**You** means the purchaser or the original end-user of the Goods. You may be a domestic user or a professional user;

**Supplier** means the authorised distributor or retailer of the Goods that sold you the Goods in Australia and New Zealand; and

**Goods** means the product or equipment which was accompanied by this warranty and purchased in Australia and New Zealand.

### For Australia:

*Our Goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled, subject to the provisions of the Australian Consumer Law, to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled, subject to the provisions of the Australian Consumer Law, to have the Goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. This is not a complete statement of your legal rights as a consumer.*

### For New Zealand:

*Our Goods come with guarantees that cannot be excluded under the Consumer Guarantees Act 1993. This guarantee applies in addition to the conditions and guarantees implied by that legislation.*

### The Warranty

HoMedics sells its products with the intent that they are free of defects in manufacture and workmanship under normal use and service. In the unlikely event that your HoMedics product proves to be faulty within 1 year from the date of purchase due to workmanship or materials only, we will replace it at our own expense, subject to the terms and conditions of this guarantee. The warranty period is limited to 3 months from the date of purchase for products used commercially/professionally.

### Terms and Conditions:

In addition to the rights and remedies that you have under the Australian Consumer Law, Consumer Guarantees Act of New Zealand or any other applicable law and without excluding such rights and remedies warranty against defects:

1. The Goods are designed to withstand the rigors of normal household use and are manufactured to the highest standards using the highest quality components. Whilst unlikely, if, during the first 12 months (3 months commercial use) from their date of purchase from the Supplier (Warranty Period), the Goods prove defective by reason of improper workmanship or materials and none of your statutory rights or remedies apply, we will replace the Goods, subject to the terms and conditions of this warranty.
2. We do not have to replace the Goods under this Additional Warranty if the Goods have been damaged due to misuse or abuse, accident, the attachment of any unauthorised accessory, alteration to the product, improper installation, unauthorised repairs or modifications, improper use of electrical/power supply, loss of power, malfunction or damage of an operating part from failure to provide manufacturer's recommended maintenance, transportation damage, theft, neglect, vandalism, environmental conditions or any other conditions whatsoever that are beyond the control of HoMedics.
3. This Warranty does not extend to the purchase of used, repaired or second-hand products or to products not imported or supplied by HoMedics Australia Pty Ltd, including but not limited to those sold on offshore internet auction sites.
4. This Warranty extends only to consumers and does not extend to Suppliers.
5. Even when we do not have to replace the Goods, we may decide to do so anyway. In some cases, we may decide to substitute the Goods with a similar alternative product of our choosing. All such decisions are at our absolute discretion.
6. All such replaced or substituted Goods continue to receive the benefit of this Additional Warranty for the time remaining on the original Warranty Period (or three months, whichever is the longest).
7. This Additional Warranty does not cover items damaged by normal wear and tear including but not limited to chips, scratches, abrasions, discolouration and other minor defects, where the damage has negligible effect on the operation or performance of the Goods.
8. This Additional Warranty is limited to replacement or substitution only. As far as the law permits, we will not be liable for any loss or damage caused to property or persons arising from any cause whatsoever and shall have no liability for any incidental, consequential or special damages.
9. This warranty is only valid and enforceable in Australia and New Zealand.

### Making a Claim:

In order to claim under this Warranty you must return the Goods to the Supplier (place of purchase) for replacement. If this is not possible, please contact our customer service department at the address below.

- All returned Goods must be accompanied by satisfactory proof of purchase which clearly indicates the name and address of the Supplier, the date and place of purchase and identifies product. It is best to provide an original, legible and unmodified receipt or sales invoice.
- You must bear any expense for return of the Goods or otherwise associated with making your claim under this Additional Warranty.

Contact: HoMedics Australia Pty Ltd, Level 1, 2-10 Gaine Road, Dandenong South, VIC 3175 | Phone: (03) 8795 4200  
Phoenix Distribution NZ Ltd, Unit1/9 Orbit Drive, Albany, Auckland, New Zealand 0632 (09) 475 0007